# The Messenger April 2024

Editors: Rhonda, Angie & Missy Volume #327



Cable and internet issues......Call Fidelity at 800-392-8070 or 800-999-2838. Thanks



#### TOTAL ECLIPSE APRIL 8, 2024

### Missouri is a great destination for the total solar eclipse!

This total solar eclipse will be one of the most watched eclipses ever. On April 8, a path of totality 115 miles wide (185 kilometers) will cross North America from northern Mexico to southeastern Canada via parts of 15 U.S. states. In the U.S., over 32 million people live on the path. Southeast Missouri will be the focus for eclipse visitors. The cities of Doniphan, Poplar Bluff, Cape Girardeau, and Perryville are attractive destinations with long duration of totality and good highway access. Don't forget that you DO NOT view the eclipse without eclipse glasses your vision could be greatly affected. Time of eclipse for our area...begins at 12:39 pm, peaks at 1:57, ends at 3:14 p.m.

smithsonian museum on main street

OZARK NATURAL/CULTURAL RESOURCE CENTER
202 S. Main Street

9-5 daily monday-friday

#### Mowing season begins next week...

Pick up anything in your yard such as trash, bikes, lawn furniture, grills, toys, etc. Also, rugs on sidewalks or patios need to be picked up to keep from getting shredded by mowers. Please don't put laundry out on mowing day.



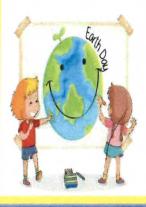
Cast Your Vote on April 2nd!

Make your wishes known.



Some important things are on the ballot such as the school bond issue, Mayor, & Alderman for our side of town-the West Ward.

APRIL 22<sup>nd</sup> is Earth Day!



### AARP

FREE TAX AIDE FILING

Where: Salem Community Center- Armory

When: Now thru April 15th

Call 729-8163 for appointment!



Missy's Minate... Just A Note... From Me... To You...

April 2024

Hello ALL and Hello April! It is once again time to welcome Springtime and as usual April has shown up with the wind! I am sure glad to see some much-needed rain...I sure hope it keeps up. I am ready for all the beauty it brings with...tulips, easter lilies, and many other flowers and flowering bushes and trees are starting to bloom all around us.

The Mowers will start mowing on Tuesdays and Wednesdays as the weather allows, and it will be our community partners, Scenic Rivers Industries doing the mowing again this year. Please be ready for the mowers by having garden hoses securely out of their way and toys and other items that you care about put up...as it is NOT their job to move them out of harms way to mow.

We are having some tree work done in some areas and this has taken awhile with some large trees being removed and several trees being trimmed. With all the new roofs it is very important for us to get these trees away from the roofs. There are several and it may not ALL get done this spring, but we will continue to have this done in a cycle until we have everything taken care of.

Easter was early this year I hope everyone enjoyed the beautiful day full of blessings! I know I am forever thankful I sure enjoyed the blessings I received spending time with my family.

Spring is also a time of renewal and what better time to start deep cleaning than the Spring cleaning! 
Porches need cleaned too. It is easy to collect too much stuff on our porches over the winter...now is the time to clean it up...and least we forget the flower beds need cleaned...out with the old to get ready for the new growth of spring flowers! 
Knowing that HUD is going to start scheduling inspections again...means Salem Housing and YOU will need to be ready too. This is an every year task we must be ready for. Please call and schedule your maintenance needs. This does help us keep your apartments in better shape all year.

With warmer weather...I want to remind everyone you will need to shut off the baseboard heaters and use only the mini-splits. They are much more energy efficient...but you will need to make sure they are clean. If they are not...these mini-splits often times will get plugged up an could leak water that may run down a wall...so pay attention to them and call any work orders in if they need maintenance.

I hope this finds you all healthy and you wake up everyday choosing to be happy & positive...to live your life like the blessed human you are. Too many people put off something that brings them joy...you can't buy happiness...but you can buy carrot cake or reeces peanut butter-cups © do what makes you happy...it doesn't have to cost anything!



Office 729-6453



### Neighborhood News



2024



Get Well
Eugene Crouch
Arlene Lunn
Dee Fisher Dottie Vance
Vinita Sappington
Don Enke
Veronica Bone
Robert Wisdom
Faye Parker Bev Smith
Sympathy
To all who have lost loved ones...

Congratulations

Ken & Freida Bridges-65th Anniversary Karen Gresham-Great Grandaughter Rebecca Piatt-Grandaughter

See Ya Later.... LuElla Bausch Arlene Lunn Don Enke

Welcome to the Neighborhood Glenda Jackson Daniel Akers Stanley Burrus Willie & Stacey Burrus

#### National Elder Fraud Hotline

Romance Scams/Grandparent Scams Government Impersonator Scams... Every kind of scam imaginable is going on today & unfortunately a lot of them are geared toward elderly folks. Never agree to give your bank information over the phone for any reason. If you do, your entire account can be wiped out in a matter of seconds.

Proceed With Caution ...

if needed call the National Elder Fraud Hotline @ 1-833-372-8311 After Hours Emergency Maintenance: 573-247-3843 or 573-247-6012 or 573-247-3872 (Emergencies only)-NOT FOR GENERAL WORK ORDERS! Anything that can wait till Monday is not an EMERGENCY, such as: cable, internet, light bulbs & light housekeeping issues...

Whether you have been on Oxygen or are just starting, YOU ARE RE-QUIRED TO NOTIFY THE OFFICE! The office will provide you with a sign for your door. ABSOLUTELY NO SMOKING IN UNIT! If you are caught smoking with oxygen on or off in apartment & Home Health Workers need to park on the street & NOT in Parking Pads provided for Tenants. They may only temporarily use if they are delivering items or picking up tenants.

Tenants please keep Office informed of changing phone numbers. WE MUST BE ABLE TO CONTACT YOU! Also, if you or another tenant has been ill or hospitalized, please let us know. Death in family, new grand/great-grand baby, or if congrats are in order, LET US KNOW!

\*Any tenant who wants a pet MUST contact the office & see if the pet falls within the Pet Policy guidelines. A deposit of \$200 is required and can be paid over a 6 month period. The animal must have shots & fall within the qualifying definition of the Pet Policy. A Pet Policy MUST be signed & in the tenant file BEFORE you may have a pet!

NOT FOLLOWING THIS PROCEDURE CAN ENDANGER YOUR TENANCY WITH SALEM HOUSING!

\*Maintenance Work Orders must first be called in to the Office: 729-6453

\*We have a drop box for rent -Check or Money Order- NO CASH PLEASE!

\*Lost & Found Box...Please check the SHA Office 729-6453!

DO NOT FEED ANIMALS OUTSIDE! This causes unwanted PESTS! DO NOT throw grease or food out your front/back door. This draws insects, dogs & stray animals.

Please contact the Office if you are unsure of anything...we will be happy to help you with any questions you may have. 729-6453

## APRIL events....





Trash needs to be at curb by 9 a.m. on Monday unless a holiday, then Tuesday. Keep trash cans cleaned out all year round. Bleaching them weekly really helps eliminate problems! Trash bags need to be tied securely & in stundy trash bags, not loose in can or in grocery bags. Please comply or trash will be left in can.

SMOKERS...A friendly reminder that there is NO smoking allowed in your apartment EVEN if the weather outside is frightful!. IT'S THE HUD LAW!

Anderson Foot Clinic is at SMDH every 2nd & 4th Wednesday of each month. Call 573-341-3668 for details and an appointment!

PEST CONTROL—Shipley's Pest Control, along with SHA Maintenance will be treating apartments, April 18, 2024 at 10:00 a.m. weather permitting. If you are seeing bugs inside, please notify the office immediately so we can get your apartment treated. Also, bugs such as fleas & bed bugs should be reported to office IMMEDIATELY to prevent spread.

**REMINDER:** BM TENANTS-To prevent pantry drain from smelling like sewer, Pour 3 cups of water in drain monthly to control odor.

EXTRA! EXTRA! If you have a homecare worker, they need to park in the street. Parking pads are for tenants. There is NO assigned parking here except for the disabled.

NEW OXYGEN USERS: Please alert the office so that we can place a sticker on your door.



After hours Emergency Numbers:

\*#1-573-247-3843 \*#2-573-247-6012

\*#3-1-573-247-3872

Remember that these numbers are **ONLY** for emergencies...Cable, Internet, Light bulbs & minor house-keeping are **NOT** emergencies. If the situation can <u>wait</u> until Monday, call the office at 573-729-6453.

Some old-fashioned things like fresh air and sunshine are hard to beat!





## 

	737			
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Spaghetti & Beef	Sweet & Sour Chicker	n Meatloaf   Beef	Fulled Fork	<b>Battered Whiting</b>
Meatballs	Fried Rice	Gravy	Bun	Fish
Garlic Bread	Oriental Blend	Bread	Country Blend Veg	Macaroni & Chees
Italian Veggies	Fruit Cocktail	Mashed Potatoes	Apple Salad	Stewed Tomatoes
<i><b>Peaches</b></i>		Green Beans		Coleslaw
8	9	10	11	12
Grilled Chicken	Beef Fot Roast	Chicken & Noodles	Creamy Baked Fork	Grilled Cheeseburger
Sandwich   Bun	Roll	Roll	Chop	Bun
Cucumber   Tomato	Potato/Carrots	Peas & Carrots	Roll	Baked Beans
Salad	Fruit Salad	Sliced Peaches	Mashed Potatoes	Cheesy Tater Tots
Au Gratin			California Blend	
Potatoes .				
15	16	17	18	19
Baked Ham	Baked Chicken Leg	Catfish	Beef Stew	Cold Cut/Cheese
Roll	Roll	Cornbread	Biscuits	Sub Sandwich
Kashbrown	Sweet Potatoes	Coleslaw	Stew Veg. in Entrée	Sub Roll
Casserole	Meadow Blend Veg.	Finto Beans	Mixed Fruit	Potato Salad
Peas & Onions				Fruit
22	23	24	25	26
Polish Sausage	Beans with Kam	Oven Baked Chicken	Beef Soft Tacos	Chicken Alfredo
Bun	Cornbread	With Gravy	with fixings	Garlic Breadstick/
Kraut	Fried	Biscuit	Tortilla Shells	Pasta
Carrots	Potatoes   onions	Mashed Potatoes	Refried Beans	Tossed Salad
	Spinach	Green Beans	Cinnamon Fears	Roasted Broccoli
29	30	Salem Senior Center	W. C. (1888) 1 0.00	,
Spaghetti & Beef	Sweet & Sour Chicken	604 N McGrath		
Meatballs	Fried Rice	Phone- 573-729-6453	10 NOW	2000
Zarlic Bread	Oriental Blend	44 40 430 11		
Italian Veggies	Fruit Cocktail	Meal Contribution: Over age 65 - \$5.00	C Olora	A Company
Peaches		Under age 60 - \$7	V- OS	A The Act of the

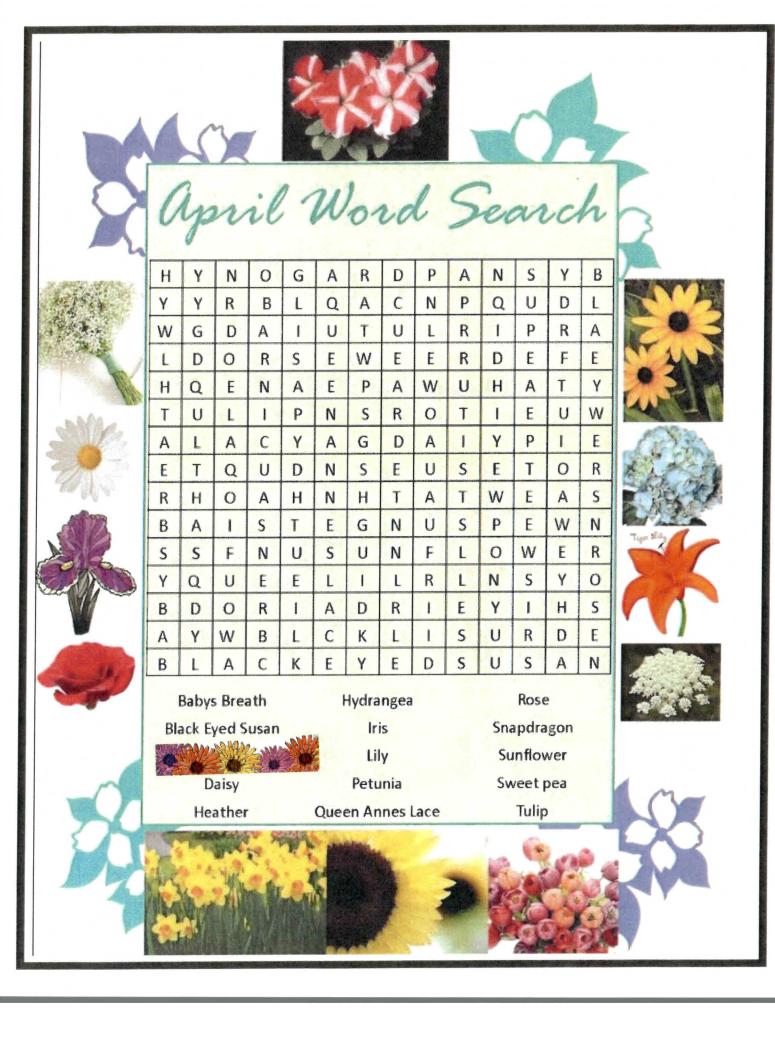
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Salem Senior Center	10:00 am		Game of choice with	10:00 Sittercise
Activity Calendar	Sittercise		Abby and Bernice	Slo motion
			12:00pm	exercise
<b>April 2024</b>	Slo motion		12.00pm	Cacresc
	exercise			
<b>573-729-2373</b>		117 4		
8	9	10		12
	10:00am Sittercise			10:00am Sittercise
	Sla motion Exercise			Slo motion Exercise
	( 44 0 44			
	6:00 PM Current River Blue			
	Grass Band			
	guss sana			
15	16	17	18	19
Activity Calendar April 2024 573-729-2373 8	10:00am Sittercise		Monte Luke-Singer	10:00am Sittercise
	Slo motion Exercise		L Entertainer	Slo motion Exercise
			44.44	
			11:00 a.m.	
	23	24	cimov take	26
	10:00am Sittercise Slo motion Exercise		EASTERS WILLIAM STATES OF FORTING	10:00am Sittercise Slo motion Exercise
	6:00 PM Current		25	
	River Blue Grass		Game of Choice with	
	Rand		Abby and Bernice	
	<i>journ</i>		12:00pm	
29	30			
PAPARA PRABA	10:00am Sittercise		Con Tol	
Denine 11:00	Slo motion Exercise			
				0



TO EVERYONE
CELEBRATING THEIR
BIRTHDAYS IN
APRIL ...

#RCBirthdays

DAVID BECKER	1 <sup>ST</sup>
DON ENKE	<b>4</b> <sup>TH</sup>
ROMONA STONE	6 <sup>TH</sup>
DONNA MAHAN	10 <sup>TH</sup>
DOTTIE VANCE	10 <sup>TH</sup>
SHANNON NELSON	11 <sup>TH</sup>
FRANCES HALEY	16 <sup>TH</sup>
MACY McGREGORY	16 <sup>TH</sup>
GENEVA PUTMAN	24 <sup>TH</sup>
JEANETTA ATKINSON	24 <sup>TH</sup>
SANDRA SITES	25 <sup>TH</sup>
SARAH MOONEY	27 <sup>TH</sup>
RAE PELLETIER	29 <sup>TH</sup>
JAKOB PHILLIPS	29 <sup>TH</sup>





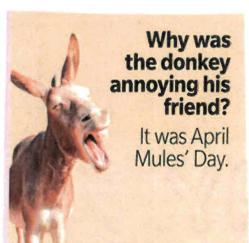
COLORING CONTEST -- RETURN TO THE OFFICE FOR JUDGING

NAME



## April Fools' Day

Some historians believe that April Fools'
Day dates back to 1582 when France
switched calendars. People who were slow
to get the news that the start of the new
year had moved to January 1 continued to
celebrate it during the last week of March
through April 1. These people became the
butt of jokes and hoaxes, which included
having paper fish placed on their backs and
being referred to as "April fish", which is
said to symbolize a young, easily caught fish
and a guilible person.





What did April Fools' Day say after it won an award? Prank you.











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H	Q	E	N	A	E	P	Α	W	U	Н	A	T	٧
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В	L	A	C	K	E	Y	E	D	5	U	5	A	N